

**DEFENDANT QUESTIONNAIRE
Confidential Report**

NAME: John Smith
AGE: 22 GENDER: Male
EDUCATION: 8th grade or less
MARITAL STATUS: Married

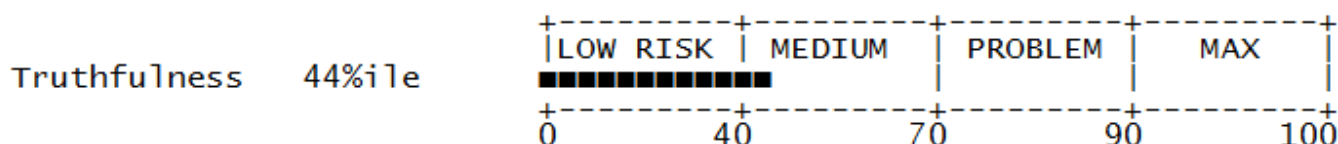
Last 4 Digits of SSN: 1234
ETHNICITY/RACE: Caucasian
DATE OF BIRTH: 7/7/1955
DATE SCORED: 07/05/2016

Defendant Questionnaire (DQ) results are confidential and should be considered working hypotheses. No diagnosis or decision should be based solely upon DQ results.

INFORMATION PROVIDED BY CLIENT			
Conviction before age 17:.....	N/A	Assault/Violence related arrests:.....	1
Times on probation:.....	2	Alcohol-related arrests:.....	0
Probation revocations:.....	0	Drug-related arrests:.....	1
Total number of times arrested:.....	2	Months employed in last year:.....	8
Number of DUI/DWI Arrests:.....	1	Number of times in Prison:.....	1

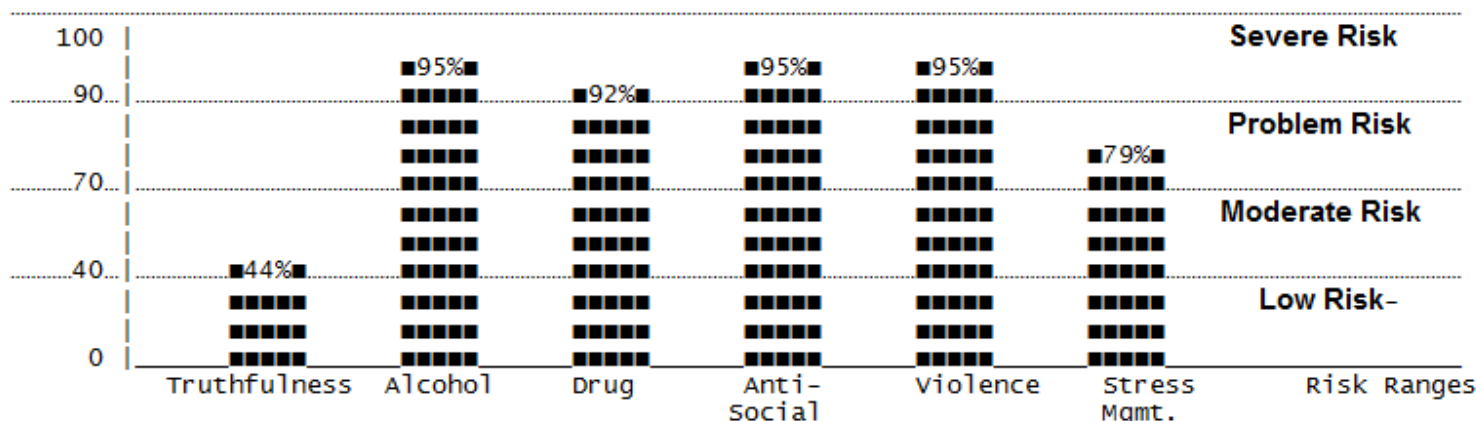
ATTAINED SCALE SCORES

Each Defendant Questionnaire (DQ) scale (Truthfulness Scale, Alcohol Scale, Drug Scale, Substance Use Disorder Scale, Violence Scale and the Stress Management Scale) is represented and discussed. Attained scale scores are presented, explained, and as warranted, attained score-related recommendations are offered.



Mr. John Smith's Truthfulness Scale score is in the **moderate** (40 to 69th percentile) risk range. Moderate risk scorers are generally honest or truthful when answering Defendant Questionnaire (DQ) questions. Yet, Mr. Smith is aware of the reasons why he is being evaluated and this does contribute to cautious or prudent answers. Nevertheless, Mr. Smith's answers are adequate and acceptable. His DQ scale scores are truthful. Mr. Smith is not using excessive denial, nor attempting to minimize his problems. His Truthfulness Scale score is within the acceptable (truthful) range.

DQ PROFILE



*The DSM-5 Substance Use Disorder is discussed on the following page.

SUBSTANCE USE DISORDER:**RISK LEVEL: SEVERE PROBLEM**

DSM-5 Substance Use Disorder "severity" is determined by the number of substance use criteria that are admitted to. Mr. Smith admits to **six or more** of the eleven criteria, which is equivalent to a Defendant Questionnaire (DQ) Alcohol Scale and/or Drug Scale **severe problem** classification. In other words, admission to six or more of the DSM-5 severity criteria is equivalent to (or matches) the DQ Alcohol Scale and Drug Scale "severe problem" (90 to 100th percentile) classification. Mr. Smith has a **severe** Substance Use Disorder. There are several effective psychotherapies (e.g., Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Cognitive Analytic Therapy (time limited), etc.) available in intensive outpatient or inpatient (residential) settings. Such treatment is often augmented (not replaced by) Alcoholics Anonymous (AA), Narcotics Anonymous (NA) or Cocaine Anonymous (CA) meetings.

VIOLENCE SCALE**PERCENTILE SCORE: 95%**

Mr. John Smith's Violence Scale score is in the **severe problem** (90 to 100th percentile) range. Severe problem scorers often reflect an established history of violence and can be dangerous to themselves and others. When aroused, Mr. Smith's emotions interfere with his judgment. Recommendations: Among several effective therapies, Cognitive Behavioral Therapy is popular. Also, review Mr. Smith's other Defendant Questionnaire (DQ) scale scores as they may interact, thereby exacerbating his anger/violence. Violence or the consequences of violent acts, warrant consideration of prompt intensive outpatient or inpatient (residential) treatment. Mr. Smith needs help. He has a serious violence problem.

ANTISOCIAL THINKING SCALE**RISK LEVEL: SEVERE**

Mr. John Smith's Antisocial Thinking Scale score is in the **severe problem** range. Severe risk scorers manifest a harmful disregard of, or violation of, the rights of others. Deceit (lying and conning), manipulation (scheming or plotting), irresponsibility (nonpayment of debts, poor employment history), and frequent law (society's norms) violations are common. A co-occurring Substance Use Disorder is also a common occurrence. Interdisciplinary treatment plans are preferred. Client denial, lying and irresponsibility can make treatment challenging. This is a severe problem Antisocial Thinking Scale score. Cognitive Behavioral Therapy, an interdisciplinary treatment plan and clearly understood expectations and consequences can be effective. Without treatment, Antisocial Thinking will likely increase.

ALCOHOL SCALE**PERCENTILE SCORE: 95%**

Mr. John Smith's Alcohol Scale score is in the **severe problem** (90 to 100th percentile) range. He has a serious drinking problem. Recommendations: intensive outpatient treatment or inpatient (residential) treatment may be needed. Outpatient treatment allows patients to maintain work, school and family relationships while receiving treatment. Complicating factors are many, and include patient compliance, insurance coverage, problem severity, co-occurring disorders, etc. Inpatient treatment is often more complete (e.g., interdisciplinary staff) in a controlled therapeutic milieu or setting. In summary, Mr. Smith has a serious drinking problem that warrants prompt attention and treatment.

DRUG SCALE**PERCENTILE SCORE: 92%**

Mr. John Smith's Drug Scale score is in the **severe problem** (90 to 100th percentile) range. Severe problem scorers have a drug (prescription and nonprescription) problem that warrants intervention and treatment. Recommendations: effective outpatient therapies are many, and include Cognitive Behavioral Therapy, Motivational Interviewing, The Matrix Model, etc. Most intensive treatment programs also offer adjunctive self-help (12-step) meetings along with stress management classes, support groups, family therapy and the like. Mr. Smith has a serious drug problem that warrants prompt treatment, and may require inpatient treatment. Cognitive Behavioral Therapy is available in inpatient and outpatient settings.

STRESS MANAGEMENT SCALE**PERCENTILE SCORE: 79%**

Mr. John Smith's Stress Management Scale score is in the **problem** (70 to 89th percentile) range. Stress management or coping skills are lacking. Mr. Smith is not coping effectively with stress. He needs to learn how to identify his experienced stress and then how to effectively manage it. Stress management techniques and strategies are taught in stress management classes. Participation in a stress management class, augmented with bibliotherapy (self-help books) is recommended. And many stress management articles are available over the internet. Co-occurring mental health issues is also common.

THREE SUBSTANCE-RELATED SCALES

The Defendant Questionnaire (DQ) integrates three substance related scales or measures: Alcohol Scale, Drug Scale and Substance Use Disorder Scale. The specifically focused Alcohol and Drug Scales enable staff to properly match problem severity with commensurate or comparable intervention or treatment intensity (or level of care). On the other hand, the DSM-5 Substance (alcohol/drug) use Disorder Scale is ubiquitous in clinical substance use diagnosis, reimbursement and treatment. With regard to Mr. Smith's substance-related scale scores, all three (Alcohol, Drug and Substance Use Disorder Scales) scored in the severe problem risk range. As a general rule, the more elevated (70th percentile and higher) the scale, the more malignant the prognosis. Mr. Smith has a very serious substance (alcohol/drug) abuse problem which heightens his recidivism risk. His substance abuse problem is very serious.

SIGNIFICANT ITEMS. The following self-report answers help in understanding Mr. Smith's situation.

ALCOHOL

- 7. Caused family & social problems
13. In last year family concerned
*Additional Items Includes: #26, 30, 36, 42, 56, 60, 62, 67, 71 and 98.

SUBSTANCE USE DISORDER

- 23. Persistent desire to control substance use
28. Persistent urges/cravings for substance
*Additional Items Includes: #47, 100, 102, 103, 105, 107 and 108.

DRUG

- 9. Has felt guilty: drug use
21. Threatened happiness/success
*Additional Items Includes: #32, 38, 69, 83, 87, 91, 97, 99 and 106.

VIOLENCE

- 5. When angry breaks things
16. Lot of anger/hostility for others
*Additional Items Includes: #33, 45, 52, 53, 58, 65, 68, 77, 84, 101 and 133.

SUMMARY OF ATTAINED DQ SCALE RISK RANGES

- Truthfulness Scale - Moderate
• Alcohol Scale - Severe
• Drug Scale - Severe
• Violence Scale - Severe
• Antisocial Scale - Severe
• Stress Mgmt. - Problem
• Substance Use Disorder - Severe

OBSERVATIONS/RECOMMENDATIONS:

Blank lines for observations and recommendations.

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STAFF MEMBER SIGNATURE

DATE

DQ Answers

1 - 50 TTTFTTFTTF TTTFTTFTTF TTTFTTFTTT TTTFTTFTFT FTTFTTFTFT
51 - 100 FTTFTTFTFT FTTFTTFTTF TTTFTTFTTF TTTFTTFTFT TTTFTTFT231
101 - 137 2214121244 3434323123 4343423444 3434344